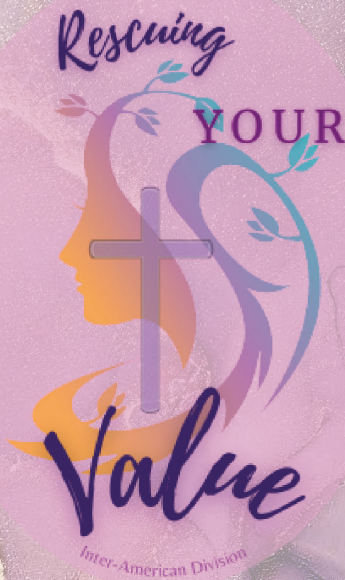


Women's Ministry

Annual Program 2024



Seventh-day Adventist
Church
INTER-AMERICAN DIVISION

To All Women's Ministries Leaders

Dear leaders, helpful women who direct the activities of other women in every church and congregation,

We are beginning a new year full of activities for the women of our church and community, and we anticipate that God will pour out his blessings once again, especially on the ladies of our church and community. We pray that it will be a year in which God will guide each one of us as leaders.

This year, our focus is on values, and our theme is "Rescuing your Value." In a world where values are quickly diminishing, we intend to rescue the value in every woman. We will focus on rescuing and highlighting values in light of how God values us, and in turn, have activities that contribute to and produce better well-being in others. Someone who feels valued will be productive and contribute in any sphere of their influence.

Our desire is that all who get involved in this rewarding ministry, in this new year, will do so with energy, enthusiasm, with commitment. With this attitude, we can offer love and value to each woman around us who needs to know that she is valuable to Christ Jesus.

Abundant blessings to all, and may we say with joy; "God is with us."



E. Edith Ruiz - Espinoza
Director
Women's Ministries
Inter-American Division

Annual Plan 2024



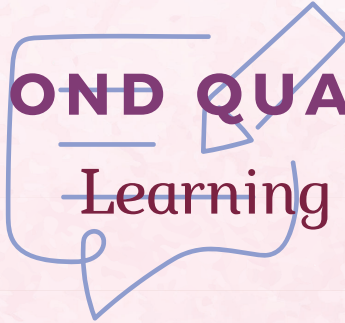
FIRST QUARTER

Self Care



SECOND QUARTER

Learning



THIRD QUARTER

Contribute - Produce



Concept: Someone who feels valued will be productive and contribute in any sphere of their influence.

- WORK ON A BIBLE JOURNAL THROUGHOUT THE YEAR
- TAKE CARE OF A PLANT THROUGHOUT THE YEAR

Summary

It helps women to promote health in all areas: physical, mental and spiritual; preventing diseases, and maintaining good health through personal and group actions.

Self Care



Contributes to the process of acquiring new and developing existing skills, in relation to knowledge, behaviors and values for personal development.

Learning



Working together providing assistance and help to relieve the needs of others.

Contribute - Produce





Self Care

Week 1

Work on your Bible journal- Proverbs

Week 2

-Physical self-care (with a group of friends). Make and use natural masks for the care of skin, hands and feet

January

Week 3 and 4

- Celebrating your body
1 Cor. 6:19-20 You are what you eat. Eat healthily- avoid sodas, fat, refined flour, sweets and animal products.



Self Care

Week 1

Work on your Bible journal- Proverbs

Week 2, 3 and 4

Emotional - relational Self Care
Watch the training video for support group leaders, then:

FEBRUARY

During the last three Sabbaths of each month, organize support groups: where in the afternoons women from the church and friends from the community meet to discuss emotional issues and healthy relationships.



Self Care

Week 1

Work on your Bible journal - Proverbs

Spiritual renewal - Meditate on Romans 12:2 - Set up a "spiritual renewal space" at home with a comfortable chair, lamp, and flowers, to have these spiritual activities,

- Every week we will pray, meditate and write in this place.

Week 2

"A clean heart"

- Write in your Bible journal what you need to clean from your character: pride, grudges, envy, etc.

- Write actions to achieve "a clean heart."

- Every day pray in your "spiritual renewal space" about what is written.

MARCH

Week 3

"Renew a right spirit"

- During this week, write and reflect on one area "in which you have strayed"

- In your spiritual renewal space: Pray early every day this week for this.

Week 4

"Return to me the joy of your salvation."

- Each day this week write something that gives you joy and hope.

- "Then I will teach"... Write what you learned this week and how you can teach it to another person in need.



Learning

Week 1

Work on your Bible journal-
Proverbs

During this month as groups of
women of the church:

- Get organized to learn a new activity or develop a new talent.
- At the end of the month, share what you have learned in the church or community.

APRIL

Learning



Week 1

Work on your Bible journal- Proverbs

Week 2

- Make a banner with all the women of the church called "I am valuable because..."
- This banner will carry only bible verses and gems from the Spirit of Prophecy that speak of how God values women. Save this banner to use at the final meeting.

MAY

Week 3

Exhibit the banner made in some visible part of the church.

Week 4

On the last Friday of this week, celebrate a 5-hour vigil with songs, testimonies about how God has changed your life and reflections on God's love for each one.



Learning

Week 1

- Work on your Bible journal - Proverbs

Learning to take care of my body.

- On a Sabbath afternoon this month, invite a gynecologist to church to speak about "the prevention of women's diseases."

JUNE



Contribute - Produce

Week 1

- Work on your Bible journal -
Proverbs

On a Sunday of this month, hold a "women's fair" in the community square, school, etc., where the presenters highlight the value of women and teach them how to do haircuts, cooking classes, and first aid.

JULY



Contribute - Produce

Week 1

- Work on your Bible journal -
Proverbs

Improving a house

- During this month, choose a home in need and invite all the women of the church to improve something physical in that home, cleaning, fixing or taking some items for that family. (You can also go to a women's shelter and help).

AUGUST



Contribute - Produce

Week 1

Work on your Bible journal -
Proverbs

Week 2

During this week make lots of cards decorated with phrases and verses about courage, optimism and hope.

Week 3

This week, make cards with messages of encouragement and give them to women at work, on the street, in the community, and to your neighbors.

- Identify women who need the card's message: someone going through a divorce, loss of a loved one, or breakup of a relationship, someone who is sad or depressed.

SEPTEMBER



Contribute - Produce

Week 1

Finish Your Bible Journal - Proverbs

Week 2

On Sunday morning, host a prayer breakfast where the women discuss all the experiences of this program and how the activities helped them, then pray for one another.

OCTOBER

Week 3

On Sabbath afternoon, have an exhibition of all the Bible journals in the church; display the banner made in the month of May.

Week 4

In your "spiritual renewal space" pray every day as a couple, with children or a family member, thanking God for his blessings.

Rescuing

YOUR

Value

Inter-American Division



Seventh-day
Adventist Church

Women's Ministries
Inter-American Division